

**ABSTRACT**

LIDYA LOLY. (2023). **Maggie's Defense Mechanisms to Cope with Her Anxieties in Veronica Agarwal and Lee Durfey-Lavoie's *Just Roll With It***. Yogyakarta: Department of English Letters, Faculty of Letters, Universitas Sanata Dharma.

*Just Roll With It* is a graphic novel that explores Maggie's anxieties and defense mechanisms in everyday life. The study examines the correlation between her anxieties and defense mechanisms and how she copes with them, highlighting the importance of understanding and addressing these issues in literary works.

The researcher utilizes the library method to analyze the primary source, which is the graphic novel *Just Roll With It*, utilizing secondary sources from Scott McCloud's theory of characterization, Jan Baetens' and Hugo Frey's theory of the graphic novel, Sigmund Freud's theory of anxiety and defense mechanism, as well as journals articles, digital sources, and theses on the theory of psychology and literature. The psychoanalytic approach connects Maggie's characteristics with her anxieties and defense mechanisms.

Maggie, a shy, worried, and brave character, starts sixth grade with neurotic, moral, and realistic anxieties. She faces challenges in middle school, including her sisters' exemplary performance, and faces additional anxiety in social situations. Maggie uses various defense mechanisms to cope with her anxiety, including repression, denial, rationalization, and displacement, to manage her neurotic, moral, and realistic anxieties.

**Keywords:** *Maggie, graphic novel, anxiety, defense mechanism, psychoanalytic*

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*Just Roll With It* adalah novel grafis yang mengeksplorasi kecemasan dan mekanisme pertahanan Maggie dalam kehidupan sehari-hari. Studi ini meneliti korelasi antara kecemasan dan mekanisme pertahanan dan bagaimana ia mengatasinya, menyoroti pentingnya memahami dan mengatasi masalah ini dalam karya sastra.

Peneliti menggunakan metode kepustakaan untuk menganalisis sumber primer, yaitu novel grafis *Just Roll With It*, dengan menggunakan sumber sekunder dari teori karakterisasi Scott McCloud, teori novel grafis Jan Baetens dan Hugo Frey, teori Sigmund Freud tentang kecemasan dan mekanisme pertahanan, serta artikel-artikel jurnal, sumber-sumber digital, dan tesis-tesis tentang teori psikologi dan sastra. Pendekatan psikoanalisis menghubungkan karakteristik Maggie dengan kecemasan dan mekanisme pertahanannya.

Maggie, karakter yang pemalu, khawatir, dan pemberani, memulai kelas enam dengan kecemasan neurotik, moral, dan realistik. Dia menghadapi tantangan di sekolah menengah, termasuk kinerja teladan saudara perempuannya, dan menghadapi kecemasan tambahan dalam situasi sosial. Maggie menggunakan berbagai mekanisme pertahanan untuk mengatasi kecemasannya, termasuk represi, penyangkalan, rasionalisasi, dan pemindahan, untuk mengelola kecemasan neurotik, moral, dan realistiknya.

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